Who would have thought that November would get here this quickly? Mid-terms are over, pre-registration for spring classes begins soon, and final exams are just around the corner. Even though you have busy schedules, now is a great time to take a step back and put this semester into perspective. What are some of the things you have been doing this semester that are moving you closer to achieving your goals? What are some action items that you can focus on to better achieve these goals? Perhaps you will need to plan a study abroad program, apply for an internship, or are simply looking for ways to involve yourself more at Texas A&M and the Bryan/College Station community. Whatever your goals may be, there are a number of resources on campus that are here to assist you. Have a wonderful month!

Thanks and Gig ‘em! ~The Regents' Scholars Program Staff
CHANGE OF MAJORS

If you are planning on changing colleges at the end of the fall semester, it is imperative that you let the Regents' Scholars staff know. This will enable us to ensure that you are in the correct Academic Success Program in the spring. Should you fail to notify the Regents’ Scholars Program staff of your college change, you will no longer be meeting the requirements of the Regents’ Scholarship.

Responding to this email does not act as an official change of college. YOU MUST VISIT WITH YOUR ACADEMIC ADVISOR TO OFFICIALLY CHANGE COLLEGES! Please only submit actual college changes. If you are only thinking about changing colleges, speak with your advisor first to determine if you can.

Please submit the following information by December 20, 2017 if you are planning on changing majors:

Name:
UIN:
Fall 17 College:
Fall 17 Major:
Spring 18 College:
Spring 18 Major:

Upon receipt of this email, the Regents’ Scholars Program staff will assign you to a new Academic Success Program which you must continue to participate in the spring in order to receive funds.

If you have further questions, please feel free to contact us at regentsscholarship@tamu.edu.
**Q-DROP REMINDER**

The last day to Q-drop a class for the fall 2017 semester is Friday, November 17th, 2017.

Things to consider when deciding to Q-drop:

1. How will Q-dropping affect your GPR?
   - Will dropping the course help you focus?
   - Are you failing? Q-drop maybe beneficial

2. How will Q-dropping affect your completion?
   - To calculate completion rate, take your total earned hours over your total attempted hours.
   - For example, if you came in with 10 hours, are currently taking 12 hours, and decide to Q-drop a 4 hour class, your calculation will be: (10+8) / (10+12) = 18 / 22 = ~81%

3. Will you be able to meet the 30/60/90 hour?
   - Any AP/IB/dual credit hours on your unofficial transcript on your My Records tab count
   - Will you be able to make 30/60/90 with your completed, current semester, and spring hours?
   - Will you be able to take classes in the summer if you won't make it by the end of spring?

4. Will you have to retake the course?
   - Is that specific course required for degree plan?
   - If you make a D will you have to retake the class for a C or higher?
   - If you make a D, will that fulfill your requirement and avoid the struggle through the course again?

5. Did you begin attending the course you are going to drop?
   - If you didn't begin attending the course you are going to drop (or haven't taken an exam or turned in other work, then you haven't earned the aid for that class), then your aid for the current semester may be effected.

Students are encouraged to work with their academic advisors to determine whether they wish to utilize a Q-drop and to prepare and submit appropriate paperwork prior to November 17 deadline.

**MIDTERM GPR**

What if my Midterm GPR is below a 2.0?
By now you should know your Midterm grades. If not, you can look them up on your Howdy Portal at howdy.tamu.edu. If you have D's and/or F's in any of your courses there are several people you need to speak with.

- Talk to your professor. They can help you determine what you will need to do to make better grades on the remainder of your assignments. If you and your professor determine that it is impossible for you to earn a passing grade you should consider Q-dropping the course. Students are permitted four (4) Q-drops during their undergraduate studies. The Q-drop deadline is Friday, November 17.

- Speak with Scholarships & Financial Aid in order to determine the consequences of Q-Dropping a course as financial aid can be affected.

- Speak with your Academic Advisor regarding dropping the course. S/he can discuss other consequences of Q-dropping as well as tutoring opportunities. Now is also a great time to speak with your academic advisor regarding pre-registration for the spring 2018 semester. If your midterm grades were less than you expected, don't panic! Your professors and academic advisors are here to help you succeed!

- Find free academic assistance on campus by visiting studyhub.tamu.edu. Make an appointment with the Academic Success Center to speak with an Academic Coach. You can find details at successcenter.tamu.edu.

- Expect an email from scholarship-retention@tamu.edu in your TAMU email if you are below a 2.0 at mid-terms. Scholarship recipients who have below a 2.0 at mid-terms must attend an advising session and complete 5 weeks of academic assistance. We want to do everything we can to help you be successful at A&M!
You certainly aren't alone. About this time of year, many students find themselves being even more aware of those annoying little habits of their roommate- i.e. not cleaning the microwave, snacking on your food, sleeping at strange intervals, etc.

So what should you do? Wait until the winter break and hope it's better in the spring? Get back at your roommate by switching their shampoo and conditioner (what a diabolical plan for unkempt hair)? Tell everyone you know (except your roommate, of course) all the things that your roommate does to drive you bonkers? Although these are all tempting alternatives, none will fix the situation and most will make it worse. Most experts will suggest confronting your roommate in a healthy, polite manner. Do not attack your roommate, but speak in a calm manner about setting down some policies to better suit you both. Follow the steps below to have a better result when coming up with a solution with your roomie:

**STEPS IN RESOLVING CONFLICT**

1. Get everyone together involved in the conflict.
2. Each roommate should take a turn describing his/her perception of the situation, how he or she feels about it and what he/she wants.
3. Make sure to keep it to all “I” statements. When “you” statements get thrown around, it turns into an attack.
   - **DON'T-** You never pick up your dirty clothes; you always hog the bathroom, etc.
   - **DO-** I don't feel comfortable in a messy pace; I want to come up with a better bathroom schedule for both of us, etc.
4. Come to an agreement on what the conflict is.
5. Everyone should agree to be willing to compromise to come up with a solution.
6. Among yourselves, describe a situation that would be a compromise.
7. Come to an agreement on the described situation.
8. Talk about what changes will be needed to bring about the acceptable situation.
9. Together, make a plan of action which will help achieve the desired new situation and set a time frame for these changes. Make a commitment to make the necessary changes.
10. Set a future date to evaluate the situation and to re-negotiate any differences if necessary.

These steps sound very simple but to make them work you need to know how to fight fair. The key to successful dispute resolution is effective communication. To resolve conflict, communicate with each other on a one-to-one equal basis and avoid behavior that will break down communication. Don't feel comfortable confronting your roommate by yourself? Talk to your resident advisor (RA). They are there to help facilitate these meetings and can act as a mediator. Finally, always remember the platinum rule- treat others the way they wish to be treated. It takes the golden rule a step further, but it is important to recognize and celebrate the differences in relationships.
WHAT I WISH I KNEW BEFORE COLLEGE

1. Stay open to new experiences.
2. It's okay not to like everything straight away.
3. You're not the only one feeling out of your depth.
4. Everyone finds making friendships really hard.
5. But don't worry, you'll find your people with time.
6. Work first, party later. You'll thank yourself for it.
7. Productivity is key.
8. Actually go to class!
9. Your mental health is important.
10. Remember to take care of yourself and your grades.
11. Your expectations won't always match the reality.
12. There is no right or wrong way to experience uni.
13. Beginnings are always hard.
14. You don't have to have all the answers straight away.
15. Don't be afraid of taking a little responsibility.
16. It's not gonna be fun all the time – and that's okay.

Compiled by Mariam Ansar, BuzzFeed Staff

To see the entire article published on buzzfeed.com on October 5, 2017, visit: https://www.buzzfeed.com/mariamansar/16-graduates-told-us-what-they-wish-theyd-known-before?utm_term=.cnKA9yVj1&bfsource=bbf_enuk#.rwbB65Ovd
CONTINUING SCHOLARSHIP APPLICATION

The University Scholarship Application is now open for current students. By completing the application, students will be considered for the continuing student scholarships and the Southerland Aggie Leader Scholarship through Scholarships & Financial Aid as well as scholarships within participating colleges and departments (see below).

The application deadline is February 1, 2018. Students can access the application through scholarships.tamu.edu.

The University Scholarship Application has a new look and will only show scholarships eligible for you.

Please note that there is no “submit” button on the application. You can save as you go and can access your application at any time from now until the February 1 deadline. This way, you can edit and update as needed. When all portions of the application have been completed, you should see a green checkmark by the sections on the leftside menu and your Application Status at the top of the leftside menu will say “complete.”
TEXAS A&M CAREER CLOSET

Need a suit for an interview, but don't have the funds to buy one? The Texas A&M Career Closet rents suits to current TAMU students for the low cost of $5 for dry cleaning.

Through this organization, all students at A&M have the opportunity to rent quality professional attire OR apply to receive a donated suit. The goal of Career Closet's Adopt a Suit program is to provide as many students as possible with professional attire to keep in perpetuity. Recipients of our suits will add an invaluable new tool to their professional repertoire and continuously carry on the Closet's mission. Ideally, each student applying for a suit will be a recipient; however, when suits are limited they will be awarded based on application strength. The essay portion of this application represents the best method of conveying your goals, and how a Career Closet suit will aid your accomplishments.

Our mission is to enhance the professionalism of Texas A&M students while alleviating the financial burden that is inherently associated with launching a career.

Appointments can be made from 9am - 3pm on Mondays, and 12pm - 6pm on Thursdays. Please visit our appointment site to set up an appointment: tamucareercloset.setmore.com/ or visit our office in MSC L428.

Suit Availability: We offer suits to both men and women, women having the option of a skirt or pants. Sizes for women range from 2-22W in skirts and blazers, and 2-18 in pants. Men's sizes range from 30x30 to 38x32 in pants and 36S to 52L in jackets.

For more information, visit the website: www.tamucareercloset.com/
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<td>7:00pm - 8:00pm RSO General Meeting Rudder 410</td>
<td>2:00pm - 3:00pm Preventing Sexual Harassment</td>
<td>9:00am - 10:00am Finding a Balance</td>
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