GREETINGS
FROM THE REGENTS' SCHOLARS STAFF

Howdy Ags!

It's already March, meaning that many spring semester deadlines are upon us. First and foremost, make sure that you have submitted your 2018-2019 FAFSA by the March 15th priority deadline. Additionally, be sure to give something back to the Bryan/College Station community by signing up for Big Event. Have fun during Spring Break, but above all please be sure that you and your friends are being safe. Until next month, keep up the hard work.

Thanks and Gig 'em!

Regents' Scholars Program Staff // regentsscholarship@tamu.edu
CONGRATULATIONS
TO THE REGENTS’ SCHOLARS ORIENTATION COUNSELORS
FOR THE CLASS OF 2022!

And for all of you who didn't make it this year, we urge you to try again next year.
- Orientation Planning Board

DID YOU KNOW?

You’ll need to spring forward on March 8th for Daylight Savings time! Did you know that the US adopted Daylight Savings Time into law in 1918 to conserve energy during World War I, however it is no longer observed nationwide?
WOMEN’S HISTORY MONTH

Women’s History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as “Women’s History Week.” Throughout the next five years, Congress continued to pass joint resolutions designating a week in March as “Women’s History Week.” In 1987 after being petitioned by the National Women’s History Project, Congress passed Pub. L. 100-9 which designated the month of March 1987 as “Women’s History Month.” Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women’s History Month. Since 1995, Presidents Clinton, Bush and Obama have issued a series of annual proclamations designating the month of March as “Women’s History Month.”

MARCH HIGHLIGHTS IN US WOMEN’S HISTORY

- March 1, 1978 – Women’s History Week is first observed in Sonoma County, California
- March 1, 1987 – Congress passes a resolution designating March as Women’s History Month
- March 3, 1913 – Women's Suffrage Parade in Washington, DC, where over 8000 women gathered to demand a constitutional amendment guaranteeing the right to vote
- March 4, 1917 – Jeannette Rankin (R-MT) took her seat as the first female member of Congress
- March 4, 1933 – Frances Perkins becomes United States Secretary of Labor, the first female member of the United States Cabinet
- March 8 – International Women's Day, whose origins trace back to protests in the U.S. and Europe to honor and fight for the political rights for working women
- March 11, 1993 – Janet Reno is confirmed as the first woman U.S. Attorney General
- March 12, 1912 – Juliette Gordon Low assembled 18 girls together in Savannah, Georgia, for the first-ever Girl Scout meeting
- March 13, 1986 – Susan Butcher won the first of 3 straight and 4 total Iditarod Trail Sled Dog Races in Alaska
- March 17, 1910 – Camp Fire Girls is established as the first interracial, non-sectarian American organization for girls
- March 21, 1986 – Debi Thomas becomes first African American woman to win the World Figure Skating Championship
- March 23, 1917 – Virginia Woolf establishes the Hogarth Press with her husband, Leonard Woolf
- March 31, 1888 – The National Council of Women of the U.S. is organized by Susan B. Anthony, Clara Barton, Julia Ward Howe, and Sojourner Truth, among others, the oldest non-sectarian women’s organization in the U.S.
- March 31, 1776 – Abigail Adams writes to her husband John who is helping to frame the Declaration of Independence and cautions, “Remember the ladies…”

Retrieved from: https://womenshistorymonth.gov/about/
ON THE ROAD...
Buckle up, disco dancers! Also take turns behind the wheel, and whoever sits shotgun should stay awake to keep the driver company. Make sure everyone has a valid driver’s license and the vehicle registration is in the car before driving off.

IN HOTELS...
Reserve a room that’s above the 1st floor but below the 6th floor. Why? First floor rooms are easier to break into, and rooms above the sixth floor are sometimes too high for fire ladders to reach. If safes are provided, definitely use them for any valuables you may have. Keep doors and sliding doors locked, and don’t let anyone into your room unless you can trust them. Make a mental note of where the nearest fire exits and stairwells are located in case you need to evacuate.

AT THE ATM...
Try to go the ATM in groups, but avoid getting overly complacent about safety just because you’re traveling in numbers. Also try to go during daylight hours. When you approach the ATM, do a full 360 degree scan, looking completely around you to see if anyone is hanging out where they shouldn’t be. When punching in your pin number, use your other hand to cover the keypad. Always be on the lookout for anyone suspicious. If someone is creeping you out, go to another ATM. (There are plenty of them, especially in vacation spots!)

ON THE BEACH...
Sun can maximize the effects of alcohol so keep this in mind if you party on the beach. Take it slow and stay hydrated by drinking lots of water. If you start feeling faint or light headed, get shade and water immediately. And don’t be a lobster; use sunscreen of at least SPF 15 and reapply often. Pay extra special attention to ears, nose, face and shoulders. Fair skinned friends should wear sunglasses and even a hat. Avoid sun exposure during the hottest hours of the sun’s rays and remember you can burn even when it’s cloudy.
WHILE SWIMMING...
Jumping into the water without a lifeguard puts you at risk. Even the most experienced swimmer can get caught in an undertow. In case you get caught in a rip current, don't bother swimming against it. Instead, swim parallel to shore until the rip passes. Try to stay within the designated swimming area and always swim with a buddy. Also know the flag system for water safety:

- Red Flag: Stay out of the water because of strong undertow and riptides.
- Yellow Flag: Use CAUTION in the water. There are some undertow and riptides possible.
- Blue Flag: Calm water. Swim safely.

GOING OUT...
The cardinal rule is this: Go out with your friends, go home with your friends. It's one of those things that keeps you a whole lot safer, and eliminates about 98% of the bad drama. This way you can look out for one another, and get a friend home who is too intoxicated to be out. Also be on the lookout for signs of predatory drugs: extreme wooziness, confusion, difficulty standing and slurring speech. If you notice these symptoms in yourself, find your friends immediately and tell them to get you outta there. If you see these signs in a friend, do your friend duty and take them back to the hotel or to a hospital if symptoms are severe.

LEAVING THE COUNTRY...
First things first: if you're leaving the country you'll need a passport. These are not quick and easy documents to attain, so file your application about 6 months before going on a trip abroad. Safety has a lot to do with what you pack when traveling abroad. Don't bring flashy valuables (like expensive jewelry) and dress conservatively so you don't stick out too much. And do your homework beforehand about your destination, keeping in mind you are subject to the laws of the country you visit. To get a full list of tips for traveling abroad (as well as travel warnings for certain countries) check out the Bureau of Consular Affairs website.

Adapted from “Fight Back on Spring Break”, located at http://www.safespringbreak.org/safety-tips/
DEFINITIONS
Driving While Intoxicated (DWI): In Texas, driving while intoxicated (DWI) means drunk driving or over the BAC limit. The state uses your blood alcohol concentration (BAC) to determine whether you're too intoxicated to operate a motor vehicle.

Driving Under the Influence (DUI): In Texas, a minor operating a motor vehicle in a public place while having any detectable amount of alcohol in his/her system will be charged with a DUI.

Blood Alcohol Concentration (BAC): Means the number of grams of alcohol per:(A) 210 liters of breath; (B) 100 milliliters of blood; or (C) 67 milliliters of urine.

Blood Alcohol Concentration (BAC) Limits:
- 21 years old or older: 0.08%
- Commercial drivers: 0.04%
- Younger than 21 years old: Any amount.

And, always be mindful of the following:
- Drinking & driving is the leading cause of death for Americans 17-24 years old.
- 70 people die each day in America in drunk driving accidents.
- The cost of an average DUI is $3,000.

Alcohol can affect you based on the number of drinks you've had, your body weight, and even your gender. Check out the TX blood alcohol percentage charts to learn more: http://www.tabc.state.tx.us/enforcement/blood_alcohol_percentage_chart.asp

MINORS AND DWI
Like many states, Texas has a Zero Tolerance Law for minors and alcohol; this means drivers younger than 21 years old can't operate motor vehicles with any amount of alcohol or drugs in their systems.

For a first offense, you face:
- License suspension not to exceed 2 years. *
- Up to a $500 fine.
- An Alcohol Education Program at least 12 hours long (see below).
- An additional 180 days of license suspension if you don't complete the Alcohol Education program.
- 90 days of license suspension if your judge gives you community service. This means you'll also have an ignition interlock device.

* Generally, a second DWI offense brings 120 days of license suspension, and a third offense gets you 180 days.

IF YOU CHOOSE TO DRINK, KNOW THE LAWS AND POTENTIAL CONSEQUENCES!

Minor in Possession (MIP)
Consuming or possessing an alcoholic beverage by a minor except in the visible presence of the minor’s adult parent, guardian, or spouse. *Class C Misdemeanor.*

Public Intoxication (PI)
Appearing in a public place while intoxicated so much that the person may endanger him/herself or another person. *Class C Misdemeanor.*

Driving Under the Influence (DUI)
A minor operating a motor vehicle in a public place while having any detectable amount of alcohol in his/her system. *Class C Misdemeanor.*

Driving While Intoxicated (DWI)
Operating a motor vehicle, aircraft, or watercraft in a public place while intoxicated. *Class B Misdemeanor.*

Additional Laws

Providing Alcohol to a Minor or Purchasing Alcohol for a Minor
*Class A Misdemeanor*

Open Container of Alcohol in a Motor Vehicle
*Class C Misdemeanor*

Possession of a Dangerous Drug (prescription medication that was not prescribed to you)
*Class A Misdemeanor*

Providing a Dangerous Drug to Another Person
*State Jail Felony*

Penalties

*Class C Misdemeanor*
Can include fine up to $500, community service, alcohol education classes, and 30 day up to 180 day driver’s license suspension.

*Class B Misdemeanor*
Can include fine up to $2000, community service, and 72 hour minimum confinement.

*Class A Misdemeanor*
Can include fine up to $4000, up to 1 year in jail, and 180 day driver’s license suspension.

*State Jail Felony*
Can include fine up to $10,000 and 180 days to 2 years in jail.
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For more information, visit calendar.tamu.edu.
Have you had your annual eye exam?
Have you had your vision tested?

Former Texas A&M student and current Denver Bronco, Von Miller, is here to help.

Von's Vision is coming to Texas A&M to provide FREE eye exams and if needed, fashionable eyeglasses to students in need.
Visit vonmiller.org for more info.

March 6 & 7
8:00 AM - 4:00 PM
March 8
8:00 AM - 1:00 PM
At A. P. Beutel Health Center

The mission of Von's Vision is to provide eye care and fashionable corrective eyewear to build confidence and success.